

## PATIENTS' RIGHTS AND RESPONSIBILITIES

The policy describing the rights and responsibilities of each patient admitted to a facility, except those admitted by a home health care provider, shall include, as a minimum, the following:

### RIGHTS OF THE PATIENT:

- Every patient has the right to be informed of his/her rights in a manner he/she can understand and to exercise these rights without being subjected to discrimination or reprisal.
- Every patient has the right to courtesy, respect, dignity, privacy responsiveness, and timely attention to his/her needs regardless of age, race, sex, national origin, religion, cultural, or physical handicap, personal values, preferences, and beliefs.
- Every Patient has the right and need for effective communication.
- Every patient has the right to every consideration of his privacy and individuality as it relates to his social, religious and psychological wellbeing.
- Every patient has the right to confidentiality. Has the right to approve or refuse the release of medical information to any individual outside the facility, except in the case of transfer to another health facility, or as required by law or third-party payment contract.
- Every patient has the right to express grievances or complaints without fear of reprisals.
- Every patient has the right to a safe environment.
- Every patient has the right to continuity of health care. The physician may not discontinue treatment of a patient as long as further treatment is medically indicated, without giving the patient sufficient opportunity to make alternative arrangements.
- Every patient is provided complete information regarding diagnosis, treatment and prognosis, as well as alternative treatments or procedures and the possible risks and side effects associated with treatment. If medically inadvisable to disclose to the patient such information, the information is given to a person designated by the patient or to a legally authorize individual.
- Every patient has the right to be free from any act of discrimination or reprisal.
- Every patient has the right to make decisions regarding the health care that is recommended by the physician, accordingly, the patient may accept or refuse any recommended medical treatment and must be informed of the consequences of his/her actions.
- Every patient has the right to be informed of any research or experimental projects and to refuse participation without compromise to the patient's usual care.
- Every patient has the right to appropriate treatment and care to include the assessment/managements of pain.
- Every patient has the right to an explanation of and to understand facility charges related to his/her health care.
- Every patient has the right to all resuscitative measures: therefore, we will not honor Advance Directives.
- Every patient has the right to be free from all forms of abuse or harassment.

- Every patient has the right to personal privacy.
- Every patient has the right to change providers if other qualified providers are available.

### RESPONSIBILITIES OF THE PATIENT:

- Patients are responsible to be honest and direct about matters that relate to them, including answering questions honestly and completely.
- Patients are responsible to provide complete and accurate past and present medical history, present complaints, past illnesses, hospitalizations, surgeries, existence of advance directive, any medications taken, including over the counter products and dietary supplements, any allergies or sensitivities, and other pertinent data to the best of their ability.
- Patients are responsible to follow the treatment plan prescribed by his/her provider and participate in his/her care. Agree to accept all care givers without regard to race, color, religion, sex, age, gender preference or handicap, or national origin.
- Patients are responsible for assuring that the financial obligations for health care rendered are paid in a timely manner.
- Patients are responsible to sign required consents and releases as needed.
- Patients are responsible for their actions if they should refuse a treatment or procedure, or if they don't follow up or understand the instructions given them by the physician or Surgery Center employees.
- Patients are responsible for keeping their procedure appointment, if they anticipate a delay or must cancel, they will notify the Surgery Center as soon as possible.
- Patients are responsible for the disposition of their valuables, as the Surgery Center does not assume the responsibility.
- Patients are responsible to be respectful of others, other people's property, and the property of the Surgery Center.
- Patients are to observe safety and no smoking regulations.
- Patients are responsible for providing a responsible adult to transport him/her home from the facility and remain with him/her for 24 hours, if required by the provider.

### PATIENT COMPLAINT OR GRIEVANCE

To report a complaint or grievance, you may contact the facility Administrator by phone at 301-683-8172 or by mail to our address. Complaints and grievances may also be filed through the:

Office of Health Care Quality (OHCQ)  
7120 Samuel Morse Drive, 2nd Floor  
Columbia, MD 21046

**410-402-8040 • [ohcq.complaints@maryland.gov](mailto:ohcq.complaints@maryland.gov)**

All Medicare beneficiaries may file a complaint or grievance with the Medicare Beneficiary Ombudsman Online at: <http://www.medicare.gov/claims-and-appeals/medicare-rights/get-help/ombudsman.html>

## DIRECTIONS

### From the East (Annapolis)

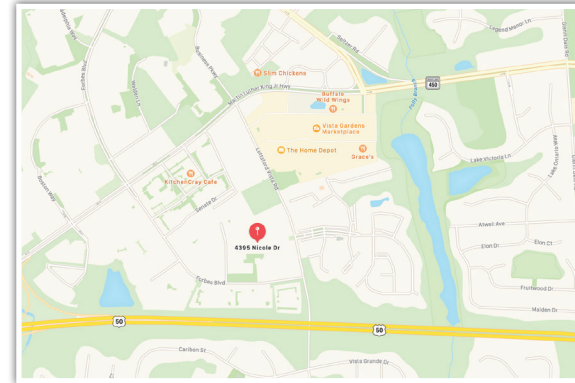
- Take US-50 W.
- Merge onto Martin Luther King Jr Hwy/MD-704 N. via EXIT 8
- Turn right onto Forbes Blvd
- Turn left on Nicole Drive
- Center will be located on the right

### From the West (Washington, D.C.)

- Take DC-295 N. (Which becomes Kenilworth Ave/MD-295 N./MD-201 N.)
- Merge onto US-50 E. toward Annapolis
- Take Martin Luther King Jr Hwy/MD-704 N. via EXIT 8, toward Glenarden
- Merge onto Martin Luther King Jr Hwy/MD-704 N. toward MD 450-N
- Turn right onto Forbes Blvd
- Turn left on Nicole Drive
- Center will be located on the right

### From the North (Baltimore)

- Take MD-295 S.
- Merge onto the Capital Beltway/I-95 S./I-495 S. toward Richmond, VA, Andrews AFB
- Merge onto US-50 E. via EXIT 19A towards Annapolis
- Take Martin Luther King Jr Hwy/MD-704 N. via EXIT 8, toward Glenarden
- Merge onto Martin Luther King Jr Hwy/MD-704 N. toward MD 450-N
- Turn right onto Forbes Blvd
- Turn left on Nicole Drive
- Center will be located on the right



ADVANCED  
**SURGICAL CARE**  
OF MARYLAND

4395 NICOLE DRIVE • LANHAM, MD 20706  
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is licensed by the State of Maryland and was established by clinical personnel to offer safe, high-quality surgical care.

As the center specializes in outpatient surgery, our patients enjoy many advantages including personalized service and excellent medical care.

### PHYSICIAN SPECIALTIES

- Orthopedics
- Total Joint Replacement
- Hip Arthroscopy
- Upper Extremity
- Pain Management
- Podiatry

### BEFORE YOUR SURGERY

A nurse from Advanced Surgical Care of Maryland will contact you prior to your surgery to review your health history, medications and pre-operative instructions.

Please notify your surgeon if there is a change in your physical condition such as cold, fever or respiratory problems.

- Please follow the below listed fasting guidelines prior to your surgery unless directed otherwise by your surgeon.

INGESTED MATERIAL	MINIMUM FASTING PERIOD
<b>Clear liquids</b> (8 oz or less) Includes: Water, apple juice, cranberry juice, carbonated beverages, clear tea, black coffee, sport drinks	2 hours
<b>Solid Food</b>	8 hours
<b>Full meal</b> Includes: Fried or fatty foods, meat or a large meal	8 hours

If your child is the patient, please be careful to monitor this.

**Please be sure to tell your surgeon if you are on any type of blood thinner including aspirin.** Please do not take any medications after midnight unless instructed by your surgeon or the nurse at our center.

**It is extremely important to arrange for a responsible adult to accompany you to Advanced Surgical Care of Maryland and remain with you the first 24 hours after surgery.**

### THE DAY OF SURGERY

- Wear loose, comfortable clothing that is large enough to accommodate a bandage after surgery. Wear comfortable shoes such as slip-ons.
- You will need to change into a surgical gown once in the pre-op area.
- Do not wear any jewelry (including body piercing), makeup or cologne. Do not bring any valuables with you other than a photo ID and all insurance cards.
- Wearing contact lenses is NOT advised. We provide containers for removable dentures and bridgework.
- If your child is having surgery, feel free to bring a favorite stuffed animal or security blanket for added assurance.

### AFTER YOUR SURGERY

You will be discharged to your car by wheelchair. **If anesthesia has been administered, you must have a responsible adult present to drive you home and to care for you following surgery.**

Your physician will provide post-operative instructions regarding diet, rest, exercise and medications. You will be provided with a written summary of these discharge instructions.

A nurse from Advanced Surgical Care of Maryland will attempt to call you the day after your surgery to check on your progress and discuss any questions you may have. If you have any unexpected problems, please call your doctor. If he/she does not respond, please go to the nearest emergency room.

### HELPFUL REMINDERS

**Please limit the number of family or friends who come with you. Seating is limited.**

If you are driving more than 30 minutes, put one or two pillows in your car for comfort.

Females of menstrual age will need to give a urine sample for a pregnancy test pre-operatively.

If you or your family need the services of a foreign-language or hearing impaired interpreter, please call to arrange for one at no cost to you, **prior to the day of surgery.**

#### STATEMENT OF NON-DISCRIMINATION

ASC-MD complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability or sex.

ASC-MD cumple con las leyes federales de derechos civiles aplicables y no discrimina por motivos de raza, color, nacionalidad, edad, discapacidad o sexo.

ASC-MD est conforme aux droits civils fédéraux applicables lois et ne fait pas de discrimination sur la base de la race, couleur, origine nationale, âge, handicap ou sexe.



### ADVANCE DIRECTIVES

- All patients have the right to participate in their own health care decisions and to make Advance Directives or to execute Powers of Attorney that authorize others to make decisions on their behalf based on the patient's expressed wishes when the patient is unable to make decisions or unable to communicate decisions. Advanced Surgical Care of Maryland respects and upholds those rights.
- However, unlike in an acute care hospital setting, Advanced Surgical Care of Maryland, does not routinely perform "high risk" procedures. While no surgery is without risk, the procedures performed in this facility are considered to be of minimal risk. You will discuss the specifics of your procedure with your physician who can answer your questions as to its risk, your expected recovery, and care after your surgery.
- Therefore, it is our policy, regardless of the contents of any Advance Directive or instructions from a health care surrogate or attorney-in-fact, that if an adverse event occurs during your treatment at this facility, we will initiate resuscitative or other stabilizing measures and transfer you to an acute care hospital for further evaluation. At the acute care hospital further treatments or withdrawal of treatment measures already begun may be ordered in accordance with your wishes, Advance Directive, or health care Power of Attorney. Your agreement with this facility's policy will not revoke or invalidate any current health care directive or health care Power of Attorney.
- If you wish to complete an Advance Directive, copies of the official State forms are available to you at our facility or online at: <https://www.marylandattorneygeneral.gov/Pages/HealthPolicy/AdvanceDirectives.aspx>

### BILLING INFORMATION

A member of our staff will call you prior to surgery to discuss pre-operative orders and your insurance coverage. Since we are unable to determine the exact amount your insurance will cover prior to your procedure, we request a deposit on your date of service, which will be applied to your total financial responsibility. We will submit a claim to your insurance company on your behalf, and once the claim has been processed by your insurance carrier, we will send you a bill for any remaining balance, based on the amount allowed by your insurance company and your in network benefits. Our pricing is competitive, and the total out of pocket expenses will be approximately the same, or less than what you would pay at another facility.



Thank you  
for choosing



ADVANCED  
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OF MARYLAND

Please don't hesitate to call us at  
**301-683-8172,**  
should you have any questions.

**DISCLOSURE OF OWNERSHIP:** Your physician may have a financial interest in Advanced Surgical Care of Maryland.